



FOLKS AT HOME

141 University Avenue • Sewanee, TN 37375 • (931) 598-0303 • folksathome.org

AUTUMN 2022

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LETTER FROM THE BOARD of DIRECTORS



We are so blessed with the current leadership (thank you, Sarah and Wall) and with the dedication of the F@H staff and volunteers. We could not function without you!

The recent purchase of a dedicated F@H vehicle, made possible by the generous support of David and Debra Humphreys and the South Cumberland Community Fund, has proven to be a wise investment given the continued high demand for Medical Transportation. See the following page for more information about services provided to our members.

F@H is dependent upon volunteers to maintain our high level of service. While we purposefully decreased our dependence on volunteer drivers in response to COVID, we are now actively recruiting volunteers to help with

transportation and also with leading member activities. Are you interested in helping? Please contact Folks at Home.

The Board plans to resume indoor programs, such as Walking with Ease, when COVID levels return to the "Low" (according to the CDC) in the area. Board

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member Linda Hutton is leading the initiative to plan additional exciting member activities. Stay tuned for more information.

Given the current tough financial situation for so many members of our community, the Board made the decision not to raise membership dues this year. Our dues have remained the same

since F@H began in 2008. Membership dues currently cover less than 30% of our operation costs.

We are delighted to share that we have two new Board members. Mary Priestley and Linda Boynton have joined our Board, and they are excited to be working to help F@H best serve the needs of our members.

Sarah Doyi will be retiring at the end of this year. We are happy for her and wish her the brightest future. Her years of service and dedication have been invaluable to the success of F@H, and she will be sorely missed.

We thank you for your generous support in the past, and we hope you will continue to help F@H achieve its mission of helping people in our community to thrive here, in the community they love.



CALL DATA



71

Medical
Transports



32

Home Task
Assistance



37

Pet
Walking



36

Non-Medical
Transports



22

Technology
Support



19

Glass
Recycling



36

Member
Errands



15

Caregiver
Coordination



36

Flu
Shots



25

Vendor
Referrals



79

Information



3

COVID
Assistance



75

Durable Medical
Equipment Checkouts



14

Home
Visits



237

Pro bono
Calls



98

Meal
Delivery



188

Phone
Check-Ins



807

Total
Services

DIRECTOR



Not long ago, a community member described Folks at Home to me as the “Little Engine That Could”. I could not have been more delighted! With a staff of one-and-a-half persons, we regularly exceed 90 service calls a month while also tending to a significant amount of administrative work. We have, of course, slow days and busy days, but rarely do we have days when something or someone doesn’t require our at-

ention. Medical transportation continues to thrive. Our volunteer drivers help us immensely with this essential service. I am proud that we are able to serve as many folks—on as many occasions—as we do each year.

To date, total services delivered are more than 800. Transports exceed 100 with over 70 of those being medical appointments. Our purchase of a dedicated Folks at Home vehicle, with the generous help of David and Debra Humphreys and the

What a blessing to have the new F@H vehicle transport me several times to Nashville and Winchester for both surgery and regular appointments! Thanks for providing this valuable service. —Folks at Home Member

FAREWELL FROM OUR

SERVICES COORDINATOR



know what to do.” When the services coordinator position came open, I was so pleased to be hired. It’s been a true honor to be a part of Folks at Home and to give back to the community that, in one form or fashion, has been my home since I was born at the (really) old Emerald Hodgson hospital. Now that I am “officially” an elder, there are other paths I want to travel, and I’ve given notice that my last workday will be Dec. 31. The Folks at Home staff, volunteers, and members have helped shape my vision of aging and commitment to do it well. I remain beyond grateful.

My introduction to Folks at Home came ten years ago when I was caring for my father. I was going to go on a vacation, and we needed someone to help out in my absence. My dad said, “Call my friend, Kathleen. She’ll

We will miss you, Sarah!

Thank you for all you’ve done for our community.



LEFT: Folks at Home member getting a ride to the doctor. Medical transports remain high in 2022, and our new vehicle serves our members beautifully.

South Cumberland Community Fund, has been a game-changer for the transportation needs of our community. We also offer free local medical transportation to our Sewanee Senior Center members.

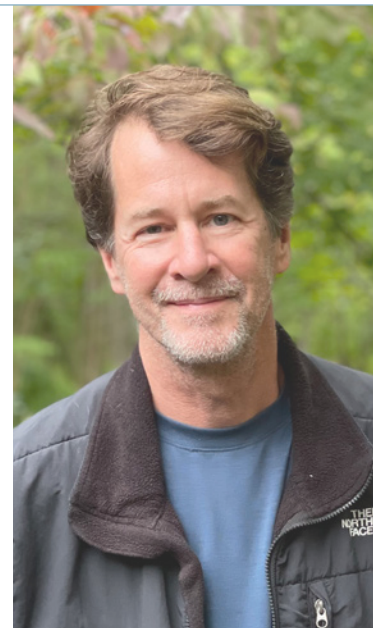
I announce with sadness that my colleague, friend, and long-time Folks at Home employee, Sarah Doyi, will be retiring at the end of this year. Sarah started working with Folks at Home in September 2016. She was a crucial bridge between my es-

teemed predecessor and myself, insuring a smooth transition. After almost five years, she nearly has me trained. Her wisdom and knowledge have been invaluable. I will miss her (and Sabbath). Thank you, Sarah, for all you have given to this organization.

Abundant thanks also goes out to our members, our many donors, and the Sewanee Community Chest, South Cumberland Community Fund, and the Office of Civic Engagement, who support us in our work.

I remain excited by what Folks at Home is, and what it can become. I look forward to a return of our programming in 2023, COVID permitting. We have some great ideas to collaborate with LiveWell on the Mountain for preventive health classes in 2023.

As always, we want to hear from you, our members, on how we can serve you better in the coming year. Feel free to call or email us anytime.



Being a volunteer driver for Folks at Home is an easy way to give back to the community and it is also fun. I have met several very interesting people with a variety of backgrounds and personal experiences. —David Pilcher

I have received many rides to doctor appointments. Without your transportation service, I would not have been able to remain independent in my own home. Thank you from the bottom of my heart. —Folks at Home Member

VOLUNTEER DRIVER SPOTLIGHT

Our volunteer drivers have given more than 40 rides to our Folks at Home members so far this year. Our community is lucky to have you. Folks at Home wouldn't be the same without you!

- Laurence Alvarez
- David Pilcher
- Charlie Zammit
- Richard Winslow
- Chris Asmussen
- Michael Singer
- Bruce McMillan
- Andrea Sanders
- Michelle Thibodeaux
- Geno Schlichting
- Reinhard Zachau

The Blue Chair again hosted our annual flu-shot clinic with Walgreens Pharmacy (Dechard).





GREETINGS FROM CANALE SITE LEADER

Hello! My name is Angie, and I am currently a senior at Sewanee, majoring in biology with an intention of becoming a pediatrician. I am originally from Houston, Texas. I am the oldest of two with my younger sister being 10 years old. I love to dance, and I speak Spanish fluently. I love making good memories in any way possible. This year I will be the Canale Site Leader at Folks at Home and am willing to help in any way that I possibly can to make this a fun and memorable experience.

FOLKS AT HOME
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Thanks to these organizations!




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SERVICES

- Medical and Non-Medical Transportation
- Doctor Visits, Errands, Shopping, Pharmacy Pickups, etc.
- Home Care Coordination
- Vetted Vendor Recommendations
- Yard Work and Home Repairs
- Durable Medical Equipment Checkout
- Technology Support
- Home Visits
By request
- Phone Check-ins
By request
- Monthly Glass Recycling Pickup
- General Assistance
Most Tasks or Challenges

SUSTAINING MEMBERSHIPS

Join Folks at Home before you need us!

Sustaining Memberships are a way of joining Folks at Home before you need our services. Sustaining Memberships support Folks at Home while we support our Service Members. You receive access to any of our programs and it's a great way of making sure we are still around if and when you do need our services. Transitioning to becoming a service member is as easy as a phone call. For more information, contact us!



Making sure folks can get to the grocery store is a high priority for Folks at Home and a popular service we offer.



New Board member, Mary Priestley, leading a nature tour along the Mountain Goat Trail.



When you shop on Amazon through Amazon Smile, a percentage may come back to us. Scan the QR code below and choose Folks at Home!



Folks at Home
MISSION STATEMENT
Empowering folks to remain in their homes with dignity in the community they love.

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